HOW TO: USE ERGO ADJUSTABLE HANDLE

PROCEDURE
The unique-shaped hand grip and simple ergonomic bend on this aluminum handle minimizes the many awkward hand positions used in mopping.

1. To use, attach handle to frame with Quick Connect latch.
2. Place pad on floor with white backing side up.
3. Center Quick Connect Frame over pad and slide down to attach.
4. Loosen locking ring on handle and adjust length to suit. Ideal length is determined by aligning handle tip with chin. Secure locking ring before starting to mop.
5. To mop using “Figure 8” strokes, be certain the bend is locked in upright position. This will place your hands and arms in the most comfortable position to mop. The handle grip ledge will prevent your leading hand from slipping while mopping.
6. To mop using “push” or “push-pull” strokes, flip the entire mop over so that the grip can be held in a “vacuum cleaner style” position. This is the most comfortable for dusting large areas.
7. To remove pad from frame, use one of two methods:
   A. Using fabric loop, peel pad away from hook and loop fastening on frame.
   B. Step on edge of pad frame with left foot and edge of pad with right foot. Pull frame up and pad will peel away from hook and loop backing.

TIPS
- Follow all established safety procedures.
- Wear all appropriate personal protective equipment (glasses, gloves, etc.).